

## Health & Wellbeing Board

A meeting of Health & Wellbeing Board was held on Wednesday, 27th February, 2019.

**Present:** Cllr Jim Beall (Chairman),

Cllr Mrs Ann McCoy Cllr Sonia Bailey, Cllr Kevin Faulks, Cllr Lynn Hall, Cllr Di Hewitt, Katie Needham, Martin Gray, Ann Workman, Fiona Adamson, Nicola Bailey, Dominic Gardner, Barbara Bright (Substitute for Julie Gillon), Karen Grundy, Saleem Hassan, Sara Dalton (Substitute for Steve Rose)

**Officers:** Michael Henderson, Karen Hawkins, Jo Heaney

**Also in attendance:** Oliver Mack

**Apologies:** Barry Coppinger, Sheila Lister, Steve Rose, Julie Gillon

### 1 **Declarations of Interest**

There were no declarations of interest.

### 2 **Minutes of the meeting held on 30 January 2019**

The minutes of the meeting held on 30 January 2019 were confirmed as a correct record.

### 3 **NHS Plan - Presentation**

Members received a presentation that provided a summary of the NHS Long Term Plan 2019 - 2029.

Members noted that the Plan had been developed to respond to:

- Funding Pressures
- Workforce Gaps
- Health Inequality
- Aging Population
- Co-ordination of Care
- taking every opportunity to improve by the use of medical advances and digital technologies

The plan provided a framework for local systems to develop plans, based on principles of collaboration and co-design.

Key features of the Plan, included,

- Integrated Care Systems (ICS) would be central and would cover the whole country by April 2021, with a single CCG covering each, individual, ICS.
- there would be increased NHS action on prevention and health inequalities. The prevention programme would include: cutting smoking, reducing obesity, limiting alcohol related A and E admissions, lowering air pollution, via a reduction in business miles and an increase in virtual appointments. The reducing inequalities programme would include: better support for people with

learning disabilities/autism, meeting the needs of homeless people, supporting the health needs of carers.

- enabling a strong start in life and addressing future needs of Children and Young People.

- the Plan included proposals around a review of some local authority commissioning - sexual health, health visitors and school nurses.

- a comprehensive new workforce implementation plan would be published in 2019.

- Mainstream digitally enabled care would be rolled out.

- maximizing Value. The NHS would receive average financial growth of 3.4% but had to return to financial balance over that period and make efficiency savings of 1.1% per annum. Members were provided with details of how balance was expected to be achieved.

- primary and community care would receive additional investment. Primary Care Networks formed a key building block of the long term plan.

- there was a commitment to local approaches to blend health and social care budgets, where there was local agreement . A review of the Better Care Fund would be undertaken in 2019.

#### Discussion:

- there was concern expressed about the review of some local government services and the potential that those services could be returned to the NHs.

- the commitment to prevention was noted and supported, however, it was pointed out that this seemed at odds with the significant cuts to local government funding for public health.

- The Board recognized the important role Primary Care Networks would have, going forward, and the need for a multi agency response in this regard.

- it was explained that the networks would provide a wider range of primary care services, to patients. Integrated community based teams and community and mental health services would configure their services around network boundaries.

- it was noted that contracts would be formed between the CCG and individual practices to provide a new enhanced service. Practices would need to be part of a network to receive relevant funding.

- members noted the significant role digital access and care would have in the future and highlighted that services needed to be sensitive to the digital divide in communities.

RESOLVED that the presentation and discussion be noted.

#### **4 Transforming Children and Young People's Mental Health Provision - Refresh of Local Transformation Plan**

Consideration was given to a report that sought approval for the refresh of the Local Transformation Plan, and, in particular, a stronger focus on system wide change proposals.

It was explained that the refreshed plan set out a shared vision and reflected on the work, already undertaken. It set out high level objectives, and an action plan which took into consideration specific areas of focus for local authority areas.

Members noted that since the inception of Future in Mind, the focus across the Stockton locality, from a Local Authority perspective, had been on capacity building, with the majority of the work being carried out within schools to upskill education professionals to be able to have a greater understanding of mental health issues and to be able to deliver low level interventions. Work had also been carried out to establish a baseline view of how children & young people viewed their own mental health.

From October 2018, utilizing Future in Mind resources, the CCG and Stockton on Tees Borough Council had piloted a 'One Stop Shop' for Children & Young People's mental health needs, following a GP led model with Eaglescliffe Medical Practice. Youth Direction had supported the project, with staff being present to offer early support to young people and to assist them in accessing the service. TEWV had also provided a Clinical Psychologist for young people requiring the input.

From a CCG perspective there had been investment in CAMHS specialist services; enabling the Crisis Service to be available 24/7, supporting the development of a Tees-wide Eating Disorder Service, funding Primary Mental Health Support Workers (PMHW) and Early Intervention Psychosis.

The refresh, presented to the Board, reflected on the work undertaken, to date, as outlined above, but also proposed:

- Multi agency strategic planning across Stockton and Hartlepool to redesign the whole system relating to children emotional and mental health and mobilising the required changes.
- an application be made to be trailblazer site for Mental Health Support Teams in Wave 2 of the Government's programme, to implement the recommendations laid down in the Green Paper.
- Working as a system to apply the principles of the Green paper should the bid referred to above not be successful
- Collectively develop a system wide workforce plan.

For the Hartlepool and Stockton agenda, the work would be driven through one working group, which would sit across both locality areas.

The Hartlepool and Stockton agenda would be supplemented by the Neurodevelopment Pathway work which remained ongoing.

RESOLVED that:

1. the overarching priorities of the refreshed Local Transformation Plan be approved.
2. expenditure during 2019/2020 be used for system change.
3. an update on the financial allocation and Action Plan, for 2019/20, be reported to the Board, at a future meeting.

## **5 Summary of the third Health and Wellbeing Board Development Session held on 30 January 2019**

Member were reminded that the Board had held a development session on 30 January 2019, to scope and develop specific actions against priority areas. Consideration was given to a report that provided a summary of the actions identified and proposed a number of next steps.

It was noted that the Joint Health and Wellbeing Strategy 2019-2023 had outlined three key priority areas where partners wished to undertake collective action to maximize health gain of the population:

- All children and families get the best start in life.
- All people in Stockton-on-Tees live well and live longer.
- All people in Stockton-on-Tees lived in healthy places and sustainable communities.

These priorities were underpinned by 4 key principles:

- Reduce health inequalities
- Take a whole system approach
- Focus on prevention
- Utilise community assets

Following a recent development day, Board members had identified five areas, for action, and started to develop draft project proformas, which provided more detail.

Sponsors / Project Managers were identified as detailed below and it was agreed that the projects be further developed ahead of presentation to a meeting of the Board or a development session, in May.

- Improved health at homes from better housing - Catalyst
- Developing a system wide approach and action plan to reduce smoking prevalence - Katie Needham
- Community pathfinder – develop a co-ordinated approach in a district area using health profiles/demographics - Ann Workman and Karen Hawkins
- Emotional health and wellbeing of children - Dominic Gardner
- Healthy schools programme - Martin Gray

RESOLVED that:

1. the Project Sponsors, as identified above, be agreed.
2. projects be further developed and reported to the Board, or Development Session, in May.

## **6 Health and Wellbeing Update**

The Board considered updates and minutes from the following meetings:

- Adults' Health and Wellbeing Partnership - 8 January 2019
- Children and Young People's Partnership - 16 January 2019

RESOLVED that the minutes be noted.

## **7 Members' Updates**

Members provided updates to the Board:

- An Ofsted inspection of SEND had taken place, in February, and the outcome report was expected on 27 March 2019.
- Members were advised of the 'Living with and beyond cancer' project and events that were taking place in the Borough. It was agreed that further information be circulated to the Board on this project.
- the North Tees Foundation Trust bid for funding around developing NHS Volunteers had been successful and partners would be contacted to develop this further. The Trust was involved in the Daily Mail Pledge relating to volunteers.
- the North Tees Foundation Trust's Council of Governors had organized a Dementia Event. The event was free to attend and would help engage with diverse audiences about the subjects that really mattered in health care today.
- A Public Health Communications Plan was being developed.

Chair thanked Cllr Di Hewitt, who would not be standing in the forthcoming local elections , for her work and contributions as a Board Member.

RESOLVED that the updates be noted.

**8 Forward Plan**

Members considered the Board's Forward Plan.